



Snap Shooting Combine Challenge

Snap shooting is one of the deadliest skills in paintball. The problem? Mastering it is nearly impossible. Even the most talented snap shooters in the game still have room to improve. This is a skill that everyone—regardless of their level—can refine and elevate.

The Snap Shooting Combine Challenge is designed to test your proficiency and precision with both your left and right hands. It's a straightforward but demanding drill that measures accuracy, speed, and efficiency in this critical paintball skill.

The Drill

You'll be tasked with shooting a standard 10" target from 30 feet away. Here's how it works:

- You get *TEN shots with each hand* (right and left).
- You'll have *20 seconds total* (10 seconds ea side) to snap in and out, firing at the target 10 times.
- Time is against you, so plan your shots carefully.

Your performance is scored based on two key metrics:

****Accuracy:**** How many of your five shots hit the target per hand.

****Time:**** How quickly you complete the drill with each hand.

For example, you might score *4/5 hits at 3.8 seconds* with your right hand and *3/5 hits at 5 seconds* with your left hand. This gives coaches a clear picture of your efficiency and effectiveness in close-quarters engagements.

What You'll Need

- Tall Temple Bunker: Perform the drill standing or kneeling behind cover.
- Target: A 10" diameter target positioned 3 feet off the ground, 30 feet from the bunker.
- Stopwatch: A spotter to track your time.

How to Score

- Record your total time for both hands (e.g., right and left).
- Track your hits (e.g., 4/10, 6/10, or 10/10 across both hands).
- *Penalty for Misses:*
- For each missed target, add *1 second* to your overall time.
- Example: If you miss 4 shots total, add 4 seconds to your final time.

Why It's Important

This drill isn't just about hitting targets; it's about simulating the real-world stress of snap shooting in tight situations. By testing both your dominant and non-dominant hands, you'll develop the ambidexterity and precision needed to gain an edge in competition.

Take the challenge, track your progress, and show your coach how lethal your snap shooting can be!