



Snap Shooting Combine Challenge

This is by far the deadliest skill to . The problem is, it is nearly impossible to master the art of snap shooting. While there are some incredible snaphshooters in paintball, no one is the absolute best in the world. Everyone can use work and everyone can get better at this skillset.

The Snap Shooting Combine Challenge drill is pretty straightforward. You are asked to shoot proficiently with your left and right hands at your standard 10" target sitting at 30 feet away.

You will get TEN shots with each hand and you will have 10 seconds to snap in and out, shooting the target 10 times.

Time is against you, so you will need to budget accordingly. The drill is measured on both accuracy out of your five shots and your overall time with each hand. For example, you may end with a score of 4/5 at 3.8 seconds right handed and 3/5 at 5 seconds with your left. This is a great way for coaches to see how effective you are at close quarters with your snapshot.

WHAT YOU NEED TO SET UP:

Tall temple bunker (complete this standing or kneeling)

Target 10" diameter, 3 feet tall at 30ft from the bunker (from where you will be standing)

a spotter with a stopwatch.

HOW TO SCORE:

Keep total time (a set for both L & R)

Track hits (4/10, 6/10, 10/10 etc each side)

For every missed target, you will be penalized by adding a total of ONE second per total target miss to overall total time. If you miss the target FOUR times, you will add FOUR seconds to your overall time.